# QUICK TIPS® LITE

# **Heel Cap Sizing Guide**

## **CAP SIZES:**

X-Small 7-9 mm Small 9-11 mm Medium 11-13 mm Large 13-15 mm

#### **INSTRUCTIONS:**

- 1) Print this page at 100%. Uncheck any "Scale to fit page" checkboxes.
- 2) Place your heel inside sizing guide below. If you're between sizes, we recommend choosing the smaller size.





### **NO-PRINT INSTRUCTIONS:**

To scale this Sizing Guide on your phone, tablet, or computer, use a coin. Resize the screen so your coin fit exactly inside the dashed lines.



**QUESTIONS?** Contact us at info@gogoheel.com